

FREE Moving Box Calculator & Packing Checklist (PDF)

Know exactly how many boxes, labels and packing materials you'll need before moving day.

1. MOVING BOX & PACKING MATERIAL ESTIMATOR

Material / Box Category	1–2 Bed	3–4 Bed	5+ Bed	Actual Needed
Small Heavy-Duty Boxes <i>For books, canned food, documents, heavy tools.</i>	10 – 15	20 – 30	35 – 45	-----
Medium / Large Standard Cartons <i>For cookware, lamps, small appliances, toys.</i>	15 – 25	30 – 50	55 – 70	-----
Wardrobe Boxes with Rails <i>For hanging coats, dresses, suits, shirts.</i>	2 – 4	5 – 8	8 – 12	-----
Packing Tape Rolls (66m) <i>Heavy-duty brown/clear acrylic or vinyl tape.</i>	3 – 5 Rolls	6 – 10 Rolls	12 – 15 Rolls	-----
Bubble Wrap & Packing Paper <i>For glassware, mirrors, crockery & china protection.</i>	1 Roll / 5kg	2 Rolls / 10kg	3 Rolls / 15kg	-----

2. PACKING PROGRESSION & LABELING PROTOCOL

- ☐ **Apply Color-Coded Room Labels to Multiple Sides**
Mark destination rooms, box numbers, and brief contents on top and at least two vertical faces for quick van stacking.
- ☐ **Pack Fragile Goods with Adequate Base Padding**
Cushion box bottoms with crumpled packing paper; wrap plates vertically on edge and fill voids with bubble wrap.
- ☐ **Seal Box Seams Using the "H-Tape" Method**
Apply tape along center seam and across both open edge flaps on top and bottom to maximize structural load capacity.

3. "DAY-1 OPEN-FIRST" ESSENTIALS BOX

- ☐ **Pack Moving-Day Survival Supplies**
Include kettle, mugs, tea/coffee, toilet paper, hand soap, phone chargers, basic tools, bin liners, and essential medications.

PACKING TIP FROM SAMEDAY REMOVALS

Keep packed box weights under 20kg (44 lbs). If a box feels too heavy for one person to lift easily, distribute items across two smaller boxes to avoid structural collapse and ensure safe moving day handling.