

Free Moving Box & Packing Checklist (Printable PDF)

Estimate your moving boxes, organise every room, and track your packing progress with a simple printable checklist before moving day.

1. MOVING BOX & SUPPLY ESTIMATOR MATRIX

Box Type & Description	1–2 Bed Home	3–4 Bed Home	Actual Needed
Small Boxes (Book / Heavy Goods) <i>For books, documents, canned food, and heavy items.</i>	10 – 15	20 – 30	-----
Medium / Large Standard Boxes <i>For kitchenware, lamps, toys, clothing, and decor.</i>	15 – 25	30 – 50	-----
Tall Wardrobe Boxes with Hanging Rails <i>For suits, coats, dresses, and delicate apparel.</i>	2 – 4	5 – 8	-----
Bubble Wrap Rolls & Packing Paper <i>For glassware, china, mirrors, and picture frames.</i>	1 Roll / 5kg	2 Rolls / 10kg	-----

2. ROOM-BY-ROOM PACKING PROGRESSION

- ☐ **Outbuildings, Garages & Loft Spaces**
Pack non-essential tools, seasonal gear, luggage, and holiday decorations first (4–3 weeks out).
- ☐ **Living Room & Home Office**
Pack books, artwork, framed photos, extra electronics, and display ornaments (3–2 weeks out).
- ☐ **Bedrooms & Spare Closets**
Box up off-season clothing, spare bedding, shoes, and guest room contents (2 weeks out).
- ☐ **Kitchen & Dining Room**
Wrap delicate china, glassware, specialized appliances, and cookbooks. Leave essential cutlery and 1 plate set per person (1 week out).

3. LABELING PROTOCOL & FIRST-NIGHT BOX

- ☐ **Triple-Side Room Labeling & Color Coding**
Clearly write the destination room and brief contents on top and at least two side faces of every box. Mark "FRAGILE" or "HEAVY" prominently.
- ☐ **Pack the "Open-First" Day 1 Box**
Include kettle, mugs, tea/coffee, toilet roll, phone chargers, basic tools, bin liners, cleaning wipes, and immediate prescription meds.

PACKING TIP FROM SAMEDAY REMOVALS

Never over-pack large boxes with heavy items like books or canned food—use small boxes for heavy goods instead. This prevents box bottoms from breaking and protects your back during moving day loading!